

*Serving Military
Families
Worldwide*



AMERICAN RED CROSS

Armed Forces Emergency Services



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*Serving military men and women-and their
families-for more than 100 years.*

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Military life comes with its own set of challenges.

“Get to Know Us Before You Need Us”

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*In times of need, your American Red Cross
will be there for you . . .*

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... Stay in touch with loved ones

- 24-hour-a-day, 365-days a year worldwide emergency communications network
- Emergency messages include
 - Death or serious illness of a family member
 - Birth of a child
 - Other family emergencies
- Requests for Health & Welfare

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- ... Get verification of emergency leave information*
- Fast reliable information regarding
 - Requests for emergency leaves
 - Leave extensions

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... Access emergency financial assistance

- Emergency travel
- Urgent health and welfare needs, i.e. food and shelter
- Burial of a loved one

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... Obtain counseling, information, referrals and other social needs

- Confidential problem solving from Red Cross case workers
- Referrals to military and other health and support services

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... Obtain assistance with

- Deferments
- Compassionate Reassignment
- Dependency Discharges

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... Receive veterans' services

- Represent veterans seeking compensation from BVA
- Volunteer services at VA medical centers

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... With disaster assistance, health and safety and volunteer opportunities

- Disaster Relief
- CPR, First Aid, Babysitting, and Water Safety
- Volunteer Opportunities
 - AFES Casework
 - Disaster Services
 - Health Services
 - Blood Services
 - Other

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What you should do if you or a loved one are on active duty or are called into active service:

- Know how to contact the nearest American Red Cross office
- Have appropriate military ID card
- Have appropriate information about the service member, including a copy of the service members activation orders and travel itinerary
- Obtain limited power of attorney

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What you should do (cont.)

- Have pre-authorization to obtain emergency financial assistance (Navy/Marine Corps only)
- Create an alternative child (elder) care plan
- Obtain a medical treatment consent form
- Emergency plan for pets

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Other helpful tips:

- Make sure you have an updated will
- Discuss family financial matters-what and when bills are due, where receipts are kept, budgets, etc
- Get to know your neighbors, they can be a great support to the family
- If there are marital problems, seek counseling before departing.

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Around the House:

- Extra sets of keys
- List of repair persons to call
- Location of utility (electric/gas/water) shut-offs
- Share instructions on how to perform chores

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Communications:

- Pre-addressed, stamped post cards/pens
- Email addresses

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Most importantly, know how to contact your
American Red Cross Chapter

Name of Chapter: Northern New Jersey

Chapter Address: 209 Fairfield Road, Fairfield, NJ

Local Offices: 74 Godwin Ave, Ridgewood, NJ

53 Mill Road, Jersey City, NJ

165 5th Ave, Paterson, NJ

Chapter Telephone Number: 973-797-3300

Emergency Communications: 877-272-7337

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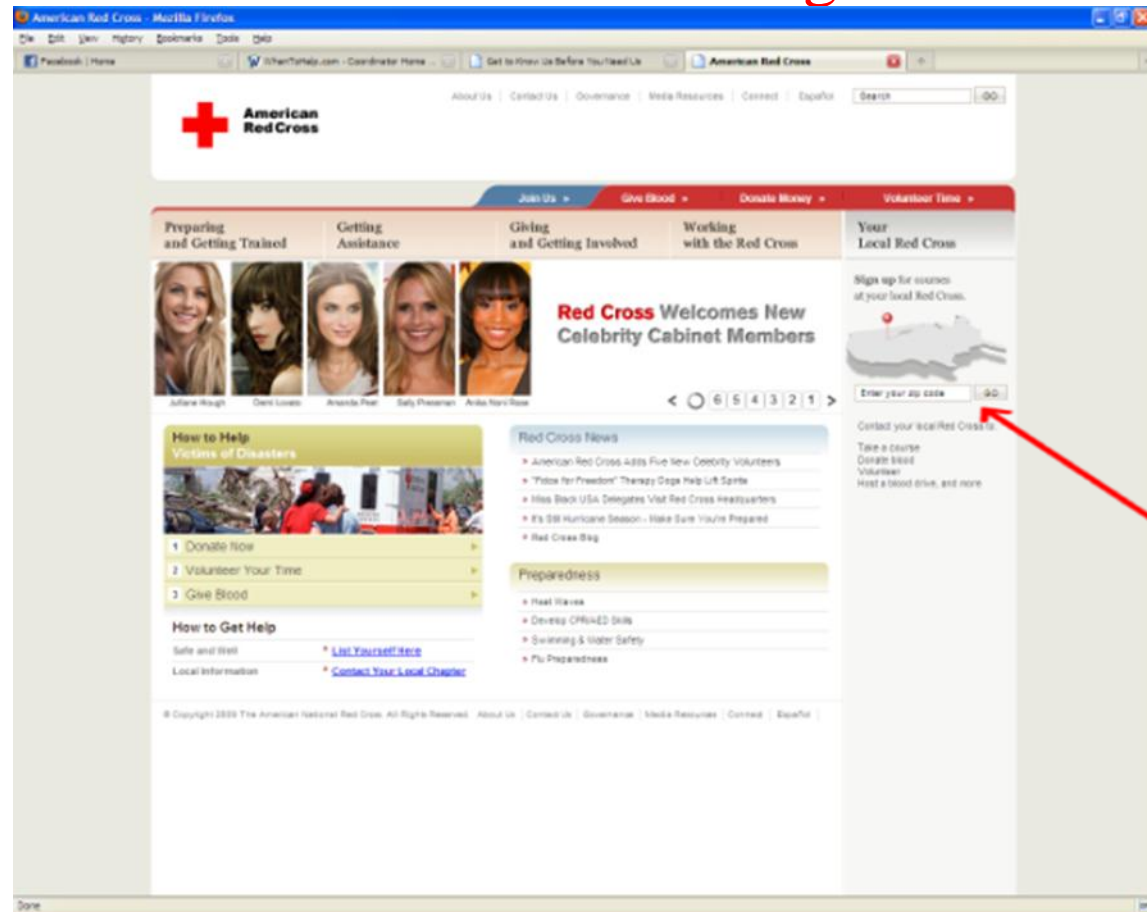


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To find your local chapter online go to

www.redcross.org



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There may come a time when you--or a family member--may require our services.

And we'll be there.

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A large, stylized globe showing the continents of North and South America in green, set against a blue ocean. A white rectangular box with a black border is superimposed over the center of the globe, containing the word 'QUESTIONS?' in large, bold, red capital letters.

QUESTIONS?