

## Retiree Publications (Choose your branch)

2012

US Army Echoes: <http://www.armyg1.army.mil/rso/echoes.asp>Air Force Afterburner <http://www.Retirees.af.mil/afterburner/>Coast Guard Evening Colors <http://www.uscg.mil/ppc/retnews/>Marine Corps Semper Fi <http://www.manpower.usmc.mil>Navy Shift Colors <http://www.npc.navy.mil/ReferenceLibrary/Publications>Arlington National Cemetery <http://www.arlingtoncemetery.org> 703-607-8585

Grave Information 1-800-697-6947

Appeals [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch05.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch05.doc)Army Retirement Services <http://www.armyg1.army.mil/retire>Armed Forces Retirement Home <http://www.afrh.gov>Army & Air Force Exchange Service <http://www.aafes.com>Army Emergency Relief <http://www.aerhq.org> 1-866-878-6378 or (703-428-000)Army Home Page <http://www.army.mil>Army Knowledge Online <http://www.us.army.mil>Board of Veteran's Appeals <http://www.va.gov/vbs/bva/>CARES Commission <http://www.va.gov/vbs/bva/>CARES Draft National Plan <http://www1.va.gov/cares/page.cfm?pg=105>Center for Minority Veterans <http://www1.va.gov/centerforminorityveterans/>Center for Veterans Enterprise <http://www.vetbiz.gov/default2.htm>Center for Women Veterans <http://www1.va.gov/womenvet/>

Clarification on the changes in VA healthcare for Gulf War Veterans

<http://www.gulfwarvets.com/ubb/Forum1/HTML/000016.html>

Classified Records - American Gulf War Veterans Assoc

<http://www.gulfwarvets.com/ubb/Forum18/HTML/000011.html>

Compensation for Disabilities Associated with the Gulf War Service

[http://www.warms.vba.va.gov/admin21/m21\\_1/part6%20ch07.doc](http://www.warms.vba.va.gov/admin21/m21_1/part6%20ch07.doc)Combat-Related Special Compensation <http://www.crsc.army.mil> 1-866-281-3254Compensation Rate Tables, 12-1-03 <http://www.vba.va.gov/bln/21/Rates/comp01.htm>Concurrent Retirement & Disability Payment <http://www.dfas.mil> 1-800-321-1080Death-Report a Retired Soldier's Death <http://www.hrc.army.mil/site/active/tagd/cmaoc/.htm> 1-800-626-3317 or

Overseas call collect: 502-613-3317

DEERS: <http://www.dmdc.osd.mil/rsl/owa/home> 1-800-538-9552 or (831) 583-2500)Defense Commissary Agency <http://www.commissaries.com>Dental Plan <http://www.TRDP.org> 1-888-838-8737Department of Veterans Affairs Home Page <http://www.va.gov/>

Directory of Veterans Service Organizations

<http://www1.va.gov/vso/index.cfm?template=view>

Disability Examination Worksheets Index, Comp

<http://www.vba.va.gov/bln/21/Benefits/exams/index.htm>Due Process [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch02.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch02.doc)Duty to Assist [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch01.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch01.doc)Echoes: <http://www.armyg1.army.mil/rso/echoes.asp>Electronic Code of Federal Regulations <http://www.gpoaccess.gov/ecfr/>

Emergency, Non-emergency, and Fee Basis Care

<http://www1.va.gov/opa/vadocs/fedben.pdf>Environmental Agents <http://www1.va.gov/vironagents/>

Environmental Agents M10

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1002](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1002)

Establishing Combat Veteran Eligibility

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=315](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=315)

Evaluation Protocol for Gulf War and Iraqi Freedom Vets with Potential Exposure to Depleted Uranium (DU)

<http://www1.va.gov/gulfwar/docs/DUHandbook1303122304.DOC> and  
[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1158](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1158)

See also, Depleted Uranium Fact Sheet

<http://www1.va.gov/gulfwar/docs/DepletedUraniumFAQSheet.doc>

Evaluation Protocol for Non-Gulf War Veterans with Potential Exposure to Depleted Uranium (DU)

<http://www1.va.gov/gulfwar/docs/DUHANDBOOKNONGW130340304.DOC>

Fee Basis, Priority for Outpatient Medical Services and Inpatient Hospital Care

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=206](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=206)

Federal Benefits for Veterans and Dependents 2005

<http://www1.va.gov/opa/vadocs/fedben.pdf> OR,

[http://www1.va.gov/opa/vadocs/current\\_benefits.htm](http://www1.va.gov/opa/vadocs/current_benefits.htm)

Forms and Records Request <http://www.va.gov/vaforms/>

General Compensation Provisions

[http://www.access.gpo.gov/uscode/title38/partii\\_chapter11\\_subchaptervi.html](http://www.access.gpo.gov/uscode/title38/partii_chapter11_subchaptervi.html)

Geriatrics and Extended Care <http://www1.va.gov/geriatricsshg/>

Guideline for Chronic Pain and Fatigue MUS-CPG

[http://www.oqp.med.va.gov/cpg/cpgn/mus/mus\\_base.htm](http://www.oqp.med.va.gov/cpg/cpgn/mus/mus_base.htm)

Guide to Gulf War Veteran's Health

Gulf War Homepage: <http://www.gulflink.osd.mil>

<http://www1.va.gov/gulfwar/docs/VHIGulfwar.pdf>

Gulf War Subject Index

<http://www1.va.gov/GulfWar/page.cfm?pg=7&template=main&letter=A>

Gulf War Veteran's Illnesses Q&As

<http://www1.va.gov/gulfwar/docs/GWIllnessesQandAsIB1041.pdf>

Health Beneficiary Counseling Assistance Coordinator: <http://www.tricare.mil/bcacadca>

Hearings [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch04.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch04.doc)

Homeless Veterans <http://www1.va.gov/homeless/>

HSR&D Home <http://www.hsr.d.research.va.gov/>

Index to Disability Examination Worksheets C&P exams

<http://www.vba.va.gov/bln/21/benefits/exams/index.htm>

Ionizing Radiation <http://www1.va.gov/irad/>

Iraqi Freedom/Enduring Freedom Veterans VBA <http://www.vba.va.gov/EFIF/>

M 10 for spouses and children <

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1007](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1007)

M10 Part III Change 1

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1008](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1008)

Medicare <http://www.medicare.gov> 1-800-633-4227

M21-1 Table of Contents [http://www.warms.vba.va.gov/M21\\_1.html](http://www.warms.vba.va.gov/M21_1.html)

Mental Disorders, Schedule of Ratings

[http://www.warms.vba.va.gov/reg38CFR/BOOKC/PART4/S4\\_130.DOC](http://www.warms.vba.va.gov/reg38CFR/BOOKC/PART4/S4_130.DOC)

Mental Health Program Guidelines

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1094](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1094)

Mental Illness Research, Education and Clinical Centers

<http://www.mirecc.med.va.gov/>

MS (Multiple Sclerosis) Centers of Excellence <http://www.va.gov/ms/about.asp>

My Health e Vet <http://www.myhealth.va.gov/>

NASDVA.COM <http://nasdva.com/>

National Association of State Directors <http://www.nasdva.com/>

National Center for Health Promotion and Disease Prevention

<http://www.nchpdp.med.va.gov/postdeploymentlinks.asp>

Neurological Conditions and Convulsive Disorders, Schedule of Ratings

<http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4%5F124a.doc>

<[http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4\\_124a.doc](http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4_124a.doc)>

OMI (Office of Medical Inspector) <http://www.omi.cio.med.va.gov/>

Online VA Form 10-10EZ <https://www.1010ez.med.va.gov/sec/vha/1010ez/>

Parkinson's Disease and Related Neurodegenerative Disorders

<http://www1.va.gov/resdev/funding/solicitations/docs/parkinsons.pdf>

and, <http://www1.va.gov/padrecc/>

Pay/SBP Inquiries <http://www.dfas.mil> 1-800-321-1080 or (216) 522-5955

myPay customer service 1-888-332-7411 or 216-522-5096

Online myPay account access <http://www.mypay.dfas.mil>

Peacetime Disability Compensation

[http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse\\_usc&docid=Cite:+38USC1131](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1131)

Pension for Non-Service-Connected Disability or Death

[http://www.access.gpo.gov/uscode/title38/partii\\_chapter15\\_subchapteri.html](http://www.access.gpo.gov/uscode/title38/partii_chapter15_subchapteri.html)

Persian Gulf Registry

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1003](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1003)

This program is now referred to as Gulf War Registry Program (to

include Operation Iraqi Freedom) as of March 7, 2005:

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1232](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1232)

Persian Gulf Registry Referral Centers

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1006](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1006)

Persian Gulf Veterans' Illnesses Research 1999, Annual Report To Congress

[http://www1.va.gov/resdev/1999\\_Gulf\\_War\\_Veterans'\\_Illnesses\\_Appendices.doc](http://www1.va.gov/resdev/1999_Gulf_War_Veterans'_Illnesses_Appendices.doc)

Persian Gulf Veterans' Illnesses Research 2002, Annual Report To

Congress [http://www1.va.gov/resdev/prt/gulf\\_war\\_2002/GulfWarRpt02.pdf](http://www1.va.gov/resdev/prt/gulf_war_2002/GulfWarRpt02.pdf)

Phase I PGR [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1004](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1004)

Phase II PGR [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1005](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1005)

Policy Manual Index <http://www.va.gov/publ/direc/eds/edsmps.htm>

Power of Attorney [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch03.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch03.doc)

Project 112 (Including Project SHAD) <http://www1.va.gov/shad/>

Prosthetics Eligibility

[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=337](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=337)

Public Health and Environmental Hazards Home Page

<http://www.vethealth.cio.med.va.gov/>

Public Health/SARS <http://www.publichealth.va.gov/SARS/>

Publications Manuals <http://www1.va.gov/vhapublications/publications.cfm?Pub=4>

Publications and Reports

[http://www1.va.gov/resdev/prt/pubs\\_individual.cfm?webpage=gulf\\_war.htm](http://www1.va.gov/resdev/prt/pubs_individual.cfm?webpage=gulf_war.htm)

Records-Replace DDForm214, awards: <http://www.vetrecs.archives.gov>

Records Center and Vault Homepage <http://www.aac.va.gov/vault/default.html>

Records Center and Vault Site Map <http://www.aac.va.gov/vault/sitemap.html>

Request and Consent to Release of Information from Claimant's Records

<http://www.forms.va.gov/va/Internet/VARF/getformharness.asp?>

Research Advisory Committee on Gulf War Veterans' Illnesses April 11,

2002 [http://www1.va.gov/rac-gwvi/docs/Minutes\\_April112002.doc](http://www1.va.gov/rac-gwvi/docs/Minutes_April112002.doc)

Research Advisory Committee on Gulf War Veterans' Illnesses

[http://www1.va.gov/rac-gwvi/docs/ReportandRecommendations\\_2004.pdf](http://www1.va.gov/rac-gwvi/docs/ReportandRecommendations_2004.pdf)

Research and Development

[http://www.appc1.va.gov/resdev/programs/all\\_programs.cfm](http://www.appc1.va.gov/resdev/programs/all_programs.cfm)

Reserve <http://www.hrc.army.mil/site/reserve> (requires Army Knowledge Online login)

Reserve Benefits 1-888-276-9472 or (502) 613-8950

Social Security <http://www.socialsecurity.gov> 1-800-772-1213

Soc.Sec. Overseas <http://www.socialsecurity.gov/foreign/phones.html>

Space-available travel <http://www.amc.af.mil/amctravel/index.asp>

Survivor's and Dependents' Educational Assistance

[http://www.access.gpo.gov/uscode/title38/partiii\\_chapter35\\_.html](http://www.access.gpo.gov/uscode/title38/partiii_chapter35_.html)

Title 38 Index Parts 0-18

<http://ecfr.gpoaccess.gov/cgi/t/text/text->

[idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1_02.tpl)

Title 38 Part 3 Adjudication Subpart A "Pension, Compensation, and

Dependency and Indemnity Compensation

<http://ecfr.gpoaccess.gov/cgi/t/text/text->

[idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3\\_main\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

Title 38 Pensions, Bonuses & Veterans Relief (Compensation for certain disabilities due to undiagnosed illnesses found here)

<http://ecfr.gpoaccess.gov/cgi/t/text/text->

[idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3\\_main\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

Title 38 Part 4—Schedule for Rating Disabilities Subpart B—Disability Ratings

<http://ecfr.gpoaccess.gov/cgi/t/text/text->

[idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rqn=div6&view=text&node=38:1.0.1.1.5.2&idno=38](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rqn=div6&view=text&node=38:1.0.1.1.5.2&idno=38)

Title 38Â§ 4.16 Total disability ratings for compensation based on unemployability of the individual.

<http://ecfr.gpoaccess.gov/cgi/t/text/text->

[idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&rqn=div8&view=text&node=38:1.0.1.1.5.1.96.11&idno=38](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&rqn=div8&view=text&node=38:1.0.1.1.5.1.96.11&idno=38)

TRICARE Information <http://www.tricare.mil>

TRICARE North 1-877-874-2273

TRICARE South 1-800-444-5445

TRICARE West 1-888-874 9378

TRICARE Overseas 1-888-777-8343

TRICARE for Life 1-866-773-0404

TRICARE Mail Order Pharmacy 1-866-363-8667

TRICARE Retail Pharmacy 1-866-363-8779

U.S. Court of Appeals for Veterans Claims <http://www.vetapp.gov/>

VA <http://www.va.gov>

VA GI Bill <http://www.gibill.va.gov> 1-888-442-4551

VA Insurance 1-800-669-8477

VA Health Care Benefits 1-877-222-8387

VA Regional Offices 1-800-827-1000

VA Best Practice Manual for Posttraumatic Stress Disorder (PTSD)

<http://www.avapl.org/pub/PTSD%20Manual%20final%2006.pdf>

VA Fact Sheet <http://www1.va.gov/opa/fact/gwfs.html>

VA Health Care Eligibility <http://www.va.gov/healtheligibility/home/hecmain.asp>

VA Instituting Global Assessment of Function (GAF)

<http://www.avapl.org/gaf/gaf.html>

VA Life Insurance Handbook

<http://www.insurance.va.gov/inForceGLISite/GLIhandbook/glibookletch3.htm#310>

Lending Limits and Jumbo Loans [http://valoans.com/va\\_facts\\_limits.cfm](http://valoans.com/va_facts_limits.cfm)

VA MS Research <http://www.va.gov/ms/about.asp>

VA National Hepatitis C Program <http://www.hepatitis.va.gov/>

VA Office of Research and Development <http://www1.va.gov/resdev/>

VA Trainee Pocket Card on Gulf War <http://www.va.gov/OAA/pocketcard/gulfwar.asp>

VA WMD EMSHG <http://www1.va.gov/emshg/>

VA WRIISC-DC <http://www.va.gov/WRIISC-DC/>

VAOIG Hotline Telephone Number and Address

<http://www.va.gov/oig/hotline/hotline3.htm>

Vet Center Eligibility - Readjustment Counseling Service

<http://www.va.gov/rcs/Eligibility.htm>

Veterans Benefits Administration Main Web Page <http://www.vba.va.gov/>

Veterans Legal and Benefits Information <http://valaw.org/>

VHA Forms, Publications, Manuals <http://www1.va.gov/vhapublications/>

VHA Programs - Clinical Programs & Initiatives

[http://www1.va.gov/health\\_benefits/page.cfm?pg=13](http://www1.va.gov/health_benefits/page.cfm?pg=13)

VHA Public Health Strategic Health Care Group Home Page [http://](http://www.publichealth.va.gov/)

[www.publichealth.va.gov/](http://www.publichealth.va.gov/)

VHI Guide to Gulf War Veterans Health

[http://www1.va.gov/vhi\\_ind\\_study/gulfwar/istudy/index.asp](http://www1.va.gov/vhi_ind_study/gulfwar/istudy/index.asp)

Vocational Rehabilitation <http://www.vba.va.gov/bln/vre/>

Vocational Rehabilitation Subsistence

<http://www.vba.va.gov/bln/vre/InterSubsistencefy04.doc>

VONAPP online <http://vabenefits.vba.va.gov/vonapp/main.asp>

WARMS - 38 CFR Book C <http://www.warms.vba.va.gov/bookc.html>

Wartime Disability Compensation

<http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=usc&docid=Cite:+38USC1110>

War-Related Illness and Injury Study Center - New Jersey

<http://www.wri.med.va.gov/>

Welcome to the GI Bill Web Site <http://www.gibill.va.gov/>

What VA Social Workers Do <http://www1.va.gov/socialwork/page.cfm?pg=3>

WRIISC Patient Eligibility <http://www.illegion.org/va1.html>